

WHAT IS A SLEEP OUT? A Sleep Out is a way to raise money and awareness for our homeless and food-insecure neighbors by inviting all participants to spend the night outside, in the elements, in a cardboard box, tent or other makeshift shelter. Although we could never recreate the real-life experience of what it is like to be truly homeless, sleeping out for the night can focus all our thoughts on how we can all make a difference in ending the hunger and homelessness right here in our area.

In addition to pots of soup, coffee and hot chocolate, the Sleep Out seeks to entertain and educate through guest speakers from area food banks and homeless shelters along with the homeless themselves. It's our goal to not only raise as much money as we can, but also to teach people all the ways that they can continue making a tangible, positive difference in their community.

WHERE AND WHEN? The night of Friday, November 11, 2011 in the field next to the Albany Mall. You can't miss it.

HOW CAN I GET INVOLVED?

You can participate by becoming a Sleeper - either solo or with a group. Simply fill out the requisite forms* and raise \$100 (per sleeper) from family, friends and businesses.

(*If not included here, forms can be printed at missionchange.com/sleepout2011.)

DO I HAVE TO SLEEP OUT IN THE COLD?

While we encourage everyone to try Sleeping Out for the night, anyone is more than welcome to come enjoy the phenomenal bands, guest speakers and entertainment we have lined up. After all, this is a night about *community*.

Voluntary donations will be accepted at the front entrance.

CAN ANYONE PARTICIPATE?

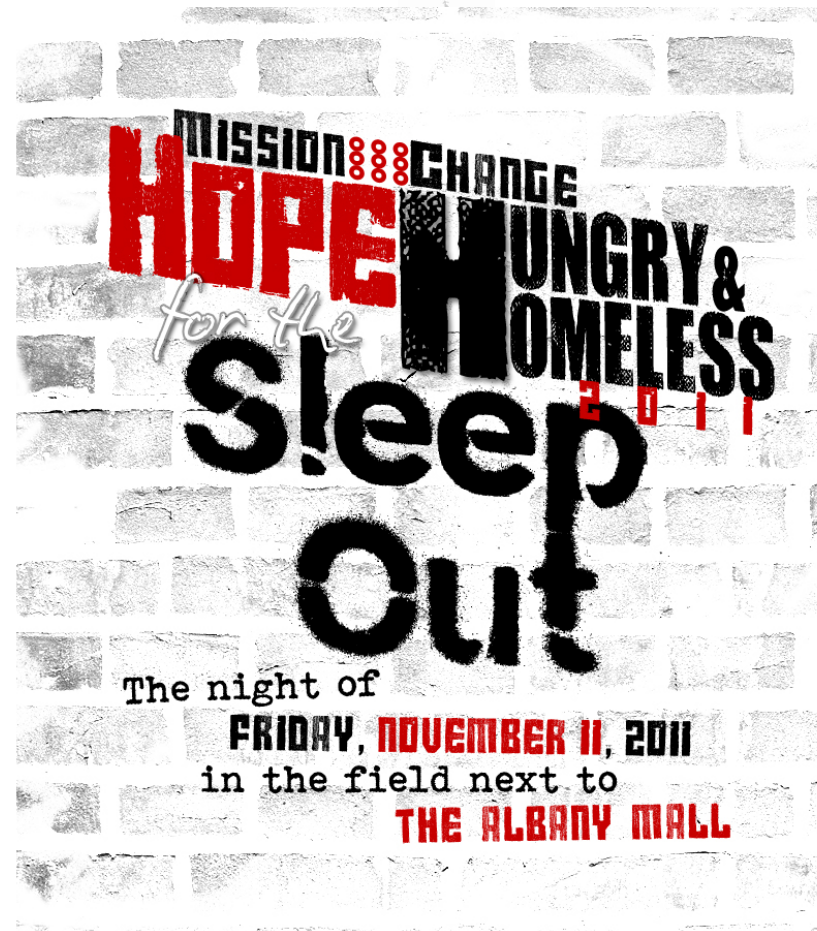
Absolutely, though anyone under 18 years old must have direct adult supervision (ie, a parent, youth leader, etc.) as well as a completed Parent / Guardian Agreement and Consent form.

WHERE DO THE DONATIONS GO?

All donations benefit local organizations directly involved in ending local food insecurity and homelessness. Monetary donations benefit Mission Change's Hope for the Hungry and Homeless missions, while In Kind gifts benefit GraceWay, Faith Community Outreach, A Place 4 Hope, the Salvation Army, the Anchorage and Second Harvest FoodBank.

WHO IS PERFORMING AT THIS YEAR'S SLEEP OUT?

This year's Sleep Out promises to be our biggest to date with performances by Highway 55, Gabriel and the New Priest, True Blue City and Phillip Phillips.



FOR MORE INFORMATION VISIT
missionchange.com/mc/sleepout2011